

# 4^ Forest Race il Trail di Mezzomerico

Mezzomerico (NO) - Lunedì 08/12/2014

Pos	Pet	Cognome / Nome	Tempo		Velocità KM/Ora	Distacco dal primo Tempo KM		Sex	Cat	Anno	Società	Pos /Sex	Pos /Cat
			Totale	/KM									
1	103	Morea Omar Luca	01:55:20	4' 26"	13.526			M	M	1974	A.S.D. CIRCUITO RUNNING	1	1
2	54	SAVOLDI LUCA MARIA	01:55:53	4' 27"	13.462	33"	0.123	M	M	1980	A.R.C. PROPATRIA BUSTO ARSIZIO	2	2
3	254	POLLONI FABIO	01:59:02	4' 34"	13.106	3' 42"	0.808	M	M	1980	ITALIANA	3	3
4	39	LATELLA GIOVANNI	01:59:15	4' 35"	13.082	3' 55"	0.854	M	M	1966	ATLETICA AVIS OSSOLANA	4	4
5	202	CAGNACCI MICHEL	01:59:49	4' 36"	13.020	4' 29"	0.973	M	M	1986	ITALIANA	5	5
6	58	VERCELLI GIANCARLO	01:59:51	4' 36"	13.016	4' 31"	0.980	M	M	1964	SANGERUNNER	6	6
7	276	FACCARELLO DAVIDE	01:59:52	4' 36"	13.014	4' 32"	0.983	M	M	1971	ITALIANO	7	7
8	278	PIRAZZI MAURO	01:59:53	4' 36"	13.013	4' 33"	0.987	M	M	1966	ATLETICA COGNE	8	8
9	181	MAZZONI CRISTIANO	01:59:54	4' 36"	13.011	4' 34"	0.990	M	M	1970	ATL.CASORATES.	9	9
10	193	DILULLO ENRICO	01:59:55	4' 36"	13.009	4' 35"	0.994	M	M	1975	ITALIANA	10	10
11	116	ZANINI CLAUDIO	01:59:56	4' 36"	13.007	4' 36"	0.997	M	M	1975	RANNER VALBOSSA	11	11
12	6	VULCANO MICHELE	01:59:57	4' 36"	13.005	4' 37"	1.001	M	M	1964	ITALIANA	12	12
13	238	ZINI DIEGO	01:59:57	4' 36"	13.005	4' 37"	1.001	M	M	1977	G.S. VALDIVEDRO	13	13
14	248	NAPOLI ROCCO	01:59:58	4' 36"	13.004	4' 38"	1.004	M	M	1967	ITALIANA	14	14
15	283	TRAVAGLIA SIMONE	01:59:59	4' 36"	13.002	4' 39"	1.008	M	M	1977	ITALIANA	15	15
16	297	Belloni Giorgio	02:00:00	4' 36"	13.000	4' 40"	1.011	M	M	1974	BETTI'S GRUP RUN	16	16
17	274	CORTINOVIS DAMIANO	02:00:01	4' 36"	12.998	4' 41"	1.015	M	M	1974	ITALIANA	17	17
18	288	NUCERA DOMENICO	02:00:03	4' 37"	12.995	4' 43"	1.022	M	M	1966	ITALIANA	18	18
19	67	MIGLIORE DANIELE	02:00:04	4' 37"	12.993	4' 44"	1.025	M	M	1978	A.S.D. TRAIL RUNNING	19	19
20	301	VERRENGIA PIETRO	02:00:13	4' 37"	12.977	4' 53"	1.056	M	M	1975	RUNNER VALBOSSA	20	20
21	88	MATTACHINI Jistivan	02:03:09	4' 44"	12.667	7' 49"	1.650	M	M	1973	LIBERO	21	21
22	160	GAMBARINI ALBERTO	02:03:28	4' 44"	12.635	8' 8"	1.713	M	M	1979	PODISTICA ARONA	22	22
23	141	BENENTE FABRIZIO	02:03:56	4' 46"	12.587	8' 36"	1.804	M	M	1966	MARATONETI GENOVESI	23	23
24	144	GOTTARDI STEFANO	02:06:12	4' 51"	12.361	10' 52"	2.239	M	M	1979	ITALIANA	24	24
25	19	PAONESSA MARIO	02:06:47	4' 52"	12.304	11' 27"	2.348	M	M	1970	ATLETICA VERBANO	25	25
26	64	MONTAGNANI GIOVANNI	02:06:57	4' 52"	12.288	11' 37"	2.379	M	M	1990	ITALIANA	26	26
27	273	MURA ANTONIO SALVATORE	02:07:03	4' 53"	12.279	11' 43"	2.398	M	M	1973	ASD CADDESE	27	27
28	78	CAPPELLETTI ANNALISA	02:07:17	4' 53"	12.256	11' 57"	2.441	F	F	1975	G.S.A.GENZIANELLA	1	1
29	227	MIGLIO VALERIO	02:07:35	4' 54"	12.227	12' 15"	2.496	M	M	1971	ITALIANA	28	28
30	282	GALBIER ROBERTO	02:08:34	4' 56"	12.134	13' 14"	2.676	M	M	1952	PODISTICA ARONA	29	29
31	231	COLOMBO LUCA	02:09:01	4' 57"	12.091	13' 41"	2.758	M	M	1976	GAO OLEGGIO	30	30
32	250	VERDI CHRISTIAN	02:09:35	4' 59"	12.039	14' 15"	2.859	M	M	1975	ITALIANA	31	31
33	128	CHIAPPINI GABRIELE	02:09:35	4' 59"	12.039	14' 15"	2.859	M	M	1972	ITALIANA	32	32
34	263	PICA MASSIMO	02:10:11	5' 0"	11.983	14' 51"	2.966	M	M	1961	ITALIANA	33	33
35	81	MOIA MASSIMILIANO	02:10:19	5' 0"	11.971	14' 59"	2.989	M	M	1975	G.S. CASTELLANIA	34	34
36	271	GUGOLE PAOLO	02:10:55	5' 2"	11.916	15' 35"	3.095	M	M	1961	ITALIANA	35	35
37	139	COSTANTIN PAOLO	02:11:11	5' 2"	11.892	15' 51"	3.141	M	M	1966	VALETUDO SKY TEAM	36	36
38	126	BANFI SIMONE GIUSEPPE	02:11:22	5' 3"	11.875	16' 2"	3.173	M	M	1986	ITALIANA	37	37
39	292	ROMANO GAETANO	02:11:24	5' 3"	11.872	16' 4"	3.179	M	M	1966	G.S.D.VALDIVEDRO	38	38
40	137	GORNATI LUCA	02:11:31	5' 3"	11.862	16' 11"	3.199	M	M	1977	ALPI SISTEMI	39	39
41	200	CREMONESI SAVERIO	02:11:48	5' 4"	11.836	16' 28"	3.248	M	M	1965	G.P. AVIS PAVIA	40	40
42	142	OLCESE DANIELA	02:12:00	5' 4"	11.818	16' 40"	3.283	F	F	1970	MARATONETI GENOVESI	2	2
43	243	BERETTA ALESSANDRO	02:12:01	5' 4"	11.817	16' 41"	3.286	M	M	1974	G.P.GORGONZOLA'88	41	41
44	302	TRABUCCHI DIEGO	02:12:02	5' 4"	11.815	16' 42"	3.289	M	M	1979	SPIRITOTRAIL	42	42
45	194	VECCHIO GABRIELE	02:12:11	5' 5"	11.802	16' 51"	3.314	M	M	1969	ITALIANA	43	43
46	149	ARISTARCO VITTORIO	02:12:22	5' 5"	11.785	17' 2"	3.346	M	M	1983	AVIS MARATHON VERBANIA	44	44
47	279	CARTA VITTORIO	02:12:26	5' 5"	11.780	17' 6"	3.357	M	M	1970	RUNNING OLTREPO'	45	45
48	182	GIARDINI MASSIMILIANO	02:12:30	5' 5"	11.774	17' 10"	3.369	M	M	1968	ATL.CASORATES.	46	46
49	96	LABANCA MAURIZIO	02:12:34	5' 5"	11.768	17' 14"	3.380	M	M	1965	GP 76	47	47
50	296	MARCHETTI GIULIO	02:12:36	5' 6"	11.765	17' 16"	3.386	M	M	1964		48	48
51	201	DEL TREDICI ALESSANDRO	02:12:58	5' 6"	11.732	17' 38"	3.448	M	M	1980	ITALIANA	49	49
52	65	CHIAPPINI SIMONE	02:13:05	5' 7"	11.722	17' 45"	3.468	M	M	1981	PODISTICA ARONA	50	50
53	9	Castiglioni Alberto	02:13:33	5' 8"	11.681	18' 13"	3.546	M	M	1976	INSUBRIASKY TEAM	51	51
54	66	TRIOLO PAOLO	02:13:51	5' 8"	11.655	18' 31"	3.597	M	M	1971	PODISTICA MEZZANESE	52	52
55	85	BRESCIANI ALBERTO	02:14:09	5' 9"	11.629	18' 49"	3.647	M	M	1962	ITALIANA	53	53
56	247	SPAZZADESCHI RICCARDO	02:14:57	5' 11"	11.560	19' 37"	3.779	M	M	1973	A.S. PREMANA	54	54
57	197	BERTINI Paolo	02:15:00	5' 11"	11.556	19' 40"	3.788	M	M	1962	COMPAGNIA DELLE ACQUE CORRENTI	55	55
58	174	AMBROSCA TOMMASO	02:15:01	5' 11"	11.554	19' 41"	3.790	M	M	1974	ITALIANA	56	56
59	50	FAVA D'ALBERTO EMANUELE	02:15:59	5' 13"	11.472	20' 39"	3.948	M	M	1972	SKYRUNNING VALSESIA 2000	57	57





190	233	DI GIOVINE ANTONIO	03:04:34	7' 5"	8.452	1h 9' 14"	9.753	M	M	1970	ITALIANA	167	167
191	110	PUPIN ALESSANDRO	03:05:37	7' 8"	8.404	1h 10' 17"	9.845	M	M	1975	MARTESANA CORSE	168	168
192	36	CALISTI ROBERTO	03:06:22	7' 10"	8.371	1h 11' 2"	9.910	M	M	1978	GP76	169	169
193	286	ZAMBON VALERIO	03:06:24	7' 10"	8.369	1h 11' 4"	9.913	M	M	1977	HAPPY RUNNER CLUB	170	170
194	196	AMBROSIO MARIA ASSUNTA	03:06:38	7' 10"	8.359	1h 11' 18"	9.933	F	F	1960	ITALIANA	24	24
195	125	BOSINA MARCO	03:06:52	7' 11"	8.348	1h 11' 32"	9.953	M	M	1968	AVIS	171	171
196	203	MURA LOREDANA	03:07:11	7' 11"	8.334	1h 11' 51"	9.980	F	F	1970	ITALIANA	25	25
197	114	PIGATO LUCA	03:08:54	7' 15"	8.258	1h 13' 34"	10.126	M	M	1972	INSUBRIA SKY TEAM	172	172
198	35	CALISTI ANTONIO	03:11:06	7' 21"	8.163	1h 15' 46"	10.308	M	M	1952	GP 76	173	173
199	68	DONETTI ANNA	03:11:48	7' 22"	8.133	1h 16' 28"	10.366	F	F	1970	POLISP.S.STEFANO	26	26
200	34	BAGALA' ANNUNZIATA	03:12:04	7' 23"	8.122	1h 16' 44"	10.387	F	F	1960	GS GRAVELLONA	27	27
201	13	ANTONINI ALESSIA	03:12:13	7' 23"	8.116	1h 16' 53"	10.400	F	F	1979	ITALIANA	28	28
202	105	TRAVAINI ELISA	03:12:19	7' 23"	8.112	1h 16' 59"	10.408	F	F	1977	PODISTICA ARONA	29	29
203	218	MARTELLONO ROBERTO	03:15:42	7' 31"	7.971	1h 20' 22"	10.677	M	M	1963	ROBERTO MARTELLONO	174	174
204	198	FORZANI ANDREA	03:16:37	7' 33"	7.934	1h 21' 17"	10.749	M	M	1980	ITALIANA	175	175
205	72	QUATTROCCHI PAOLO	03:17:57	7' 36"	7.881	1h 22' 37"	10.851	M	M	1962	ITALIANA	176	176
206	100	RIGHI SARA	03:24:01	7' 50"	7.646	1h 28' 41"	11.302	F	F	1966	PODISTICA 2005	30	30
207	280	ROZDOROZNA LYUDHYLA	03:26:46	7' 57"	7.545	1h 31' 26"	11.497	F	F	1980	ITALIANA	31	31
208	225	ARIEMMA GIOVANNI	03:26:54	7' 57"	7.540	1h 31' 34"	11.507	M	M	1961	LA VETTA MONGRANDO	177	177
209	212	BIANCHI GIORGIO	03:28:00	8' 0"	7.500	1h 32' 40"	11.583	M	M	1954	CROW RUNNERS OZZERO	178	178
210	33	RUSSILLO GIUSEPPE	03:28:02	8' 0"	7.499	1h 32' 42"	11.586	M	M	1953	GS GRAVELLONA	179	179
211	1	FAINI ANTONELLA	03:28:02	8' 0"	7.499	1h 32' 42"	11.586	F	F	1963	FOREST RACE	32	32
212	256	MARRONE PAOLA	03:28:06	8' 0"	7.496	1h 32' 46"	11.590	F	F	1980	ITALIANA	33	33
213	176	FABBIANI MARIELLA	03:40:02	8' 27"	7.090	1h 44' 42"	12.372	F	F	1971	ITALIANA	34	34
214	175	BRONZETTI CLAUDIO	03:40:04	8' 27"	7.089	1h 44' 44"	12.374	M	M	1963	ITALIANA	180	180
215	148	SPERONI MARINELLA	03:47:09	8' 44"	6.868	1h 51' 49"	12.799	F	F	1964	TEAM 3 ESSE	35	35
216	84	TORRETTI MARCO	03:47:14	8' 44"	6.865	1h 51' 54"	12.804	M	M	1959	TRE ESSE	181	181
217	143	IORELLO MARCO	03:48:29	8' 47"	6.828	1h 53' 9"	12.876	M	M	1961	ITALIA	182	182